



# KNOW YOUR NUMBERS | SCREENINGS BEGIN AUG. 20

## NEWPORT NEWS SCREENING SCHEDULE

SEPT.	LOCATION	DATE	TIME	ROOM
	HII FAMILY HEALTH CENTER	Every Tues & Fri	8 a.m. - Noon	2nd Floor, Pod C
		Every Wed & Thurs	Noon - 4 p.m.	
	Net Center	Tues, Sept 17	8 a.m. - Noon	Suite 129, Conference Center 1
	B86	Thurs, Sept 19	8 a.m. - Noon	IMSE Conference Room 5
	B103	Tues, Sept 24	7 - 11 a.m.	Kearsarge Conference Room
	B4911	Thurs, Sept 26	5 - 7 p.m.	1st Floor Conference Room

Appointments last just 20 minutes. ***Schedule your appointment today!***

Here's how to schedule an appointment.

**STEP 1:** Visit [myquadmed.com/hii](https://myquadmed.com/hii) to log in to or sign up for a MyChart account.

**STEP 2:** Once logged in to [MyChart](#), click on Menu, then select Health Screenings.

Scan the QR code or visit [myquadmed.com/kyn](https://myquadmed.com/kyn) for step-by-step instructions to complete the program.

