



BeWell | FOR LIFE
Operated by
QuadMed

KNOW YOUR NUMBERS | **SCREENINGS BEGIN AUG. 20**

INGALLS SCREENING SCHEDULE

SEPT.	LOCATION	DATE	TIME	ROOM
	HII FAMILY HEALTH CENTER	Every Tuesday	7 a.m. - Noon	Biometrics
		Every Thursday	Noon - 5 p.m.	
	HR	Tues, Sept 17	8 - 11 a.m.	Upstairs Conference Room
	MTA	Wed, Sept 18	8 - 11 a.m.	Upstairs Conference Room
	Island #11	Thurs, Sept 19	8 - 11 a.m.	Upstairs Conference Room
	East Bank	Tues, Sept 24	8 - 11 a.m.	Upstairs Conference Room
	Admin 2	Wed, Sept 25	8 a.m. - Noon	Bougainville Conference Room
	Admin 3	Thurs, Sept 26	8 a.m. - Noon	John P Murtha Conference Room

Appointments last just 20 minutes. ***Schedule your appointment today!***

Here's how to schedule an appointment.

STEP 1: Visit myquadmed.com/hii to log in to or sign up for a MyChart account.

STEP 2: Once logged in to [MyChart](https://myquadmed.com/hii), click on Menu, then select Health Screenings.

Scan the QR code or visit myquadmed.com/kyn for step-by-step instructions to complete the program.

