



Here's how to schedule an appointment.

STEP 1: Visit myquadmed.com/hii to log in to or sign up for a MyChart account.

STEP 2: Once logged in to [MyChart](https://myquadmed.com/hii), click on Menu, then select Health Screenings.

Visit myquadmed.com/kyn for step-by-step instructions to complete the program.



Health Screening Events Near You.

DECEMBER NEWPORT NEWS SCREENING SCHEDULE. Schedule TODAY!

LOCATION	DATE	TIME	ROOM
HII Family Health Center	Every Tuesday - Friday **Dec 22, 23, 29 & 30	8 a.m. – 4 p.m. **8 a.m. – Noon	Upstairs - Pod C
B903	Wed, Dec 2	7 a.m. – Noon	Conference Room 129 A/B
B79	Thurs, Dec 3	8 a.m. – Noon	Conference Room 201
B250	Fri, Dec 4	8 a.m. – Noon	Training Room
B520	Mon, Dec 7	8 a.m. – Noon	Executive Dining Room
VA Beach	Tues, Dec 8	9 a.m. – 1 p.m.	VA Conference Room
B888	Wed, Dec 9	8 a.m. – Noon	Conference Rooms 107-109
B902	Thurs, Dec 10	7 a.m. – Noon	VTC A & B
Net Center	Tues, Dec 15	8 a.m. – Noon	Suite 129, Conference Center 1
Pier 3	Wed, Dec 16	7 a.m. – 11 a.m.	Bent 23, Conference Room 245
CMAF	Thurs, Dec 17	7 a.m. – 11 a.m.	Break Area & Conference Room

Flu Shots are available!

Vaccines are available at your worksite during Know Your Numbers health screening events and at the HII Family Health Center.



Learn more
myquadmed.com/kyn

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*Full eligibility information is available on [the KYN website](https://myquadmed.com/kyn).