



Here's how to schedule an appointment.

STEP 1: Visit myquadmed.com/hii to log in to or sign up for a MyChart account.

STEP 2: Once logged in to [MyChart](#), click on Menu, then select Health Screenings.

Scan the QR code or visit myquadmed.com/kyn for step-by-step instructions to complete the program.

Health Screening Events **Near You.**

FEBRUARY		NEWPORT NEWS SCREENING SCHEDULE	
Location	Date	Time	Room
HII Family Health Center	Mon – Fri	7 a.m. – 5 p.m.	POD C
Assembly Hall	Wed, Feb 4	7 – 11 a.m.	Break Area
B160/161	Thu, Feb 5	8 a.m. – Noon	E65 Conference Room
B1744	Mon, Feb 9	8 a.m. – Noon	5th Floor Conference Room
B79	Tue, Feb 10	8 a.m. – Noon	2nd Floor Conference Room
Mission Tech - Net Center	Wed, Feb 11	8 a.m. – 1 p.m.	Suite 250, Training Room
B60	Thu, Feb 12	7 – 11 a.m.	Training Room
B600	Fri, Feb 13	7 a.m. – Noon	Conference Room C
JMAF (B1913)	Mon, Feb 16	7 – 11 a.m.	Conference Room 209 A & B
B103	Tue, Feb 17	7 – 11 a.m.	Kearsarge Conference Room
B902	Mon, Feb 23	8 a.m. – Noon	VTC A & B
B884	Tue, Feb 24	8 a.m. – Noon	Conference Room 102 A
B4633	Wed, Feb 25	8 a.m. – Noon	3rd Floor Conference Room
CRF	Thu, Feb 26	7 – 11 a.m.	Conference Room 1
Net Center	Fri, Feb 27	8 a.m. – Noon	Suite 129, Conference Center 1



Learn more
myquadmed.com/kyn



*Full eligibility information is available on [the KYN website](#).

QuadMed is communicating this information on behalf of your company's health plan.

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Health Screening Events **Near You.**

MARCH		NEWPORT NEWS SCREENING SCHEDULE	
Location	Date	Time	Room
HII Family Health Center	Mon - Fri	7 a.m. - 5 p.m.	POD C
B600	Mon, Mar 2	7 a.m. - 12 p.m.	Conference Room C
CMAF	Tues, Mar 3	8 a.m. - 12 p.m.	3rd Floor Conference Room
B888	Wed, Mar 4	8 a.m. - 12 p.m.	Conference Room 107-109
B160/161	Thurs, Mar 5	8 a.m. - 12 p.m.	E65 Conference Room
B520	Fri, Mar 6	8 a.m. - 12 p.m.	Executive Dining Suite
B4911	Mon, Mar 9	8:30 a.m. - 12:30 p.m.	1st Floor Conference Room
B902	Tues, Mar 10	8 a.m. - 12 p.m.	VTC A & B
B86	Wed, Mar 11	8 a.m. - 12 p.m.	Program Integration Room
B79	Thurs, Mar 12	8 a.m. - 12 p.m.	Conference Room 201
SMOF	Mon, Mar 16	8 a.m. - 12 p.m.	4th Floor Conference Room
Net Center	Tues, Mar 17	7 a.m. - 12 p.m.	Suite 129, Conference Center 1 & 2
VASCIC	Wed, Mar 18	8 a.m. - 12 p.m.	Conference Rooms 215-217
Pier 3	Thurs, Mar 19	7 a.m. - 11 a.m.	Conference Room 247
B600	Fri, Mar 20	8 a.m. - 12 p.m.	Conference Room C
B903	Mon, Mar 23	7 a.m. - 12 p.m.	Conference Rooms 129 A & B
Applebee's	Tue, Mar 24	7 - 10:30 a.m.	Café Area
B884	Wed, Mar 25	8 a.m. - 12 p.m.	Conference Room 102 A
B1744	Thurs, Mar 26	8 a.m. - 12 p.m.	6th Floor - VTC
B600	Fri, Mar 27	8 a.m. - 12 p.m.	Conference Room C
Health Center	Mon, Mar 30	7 a.m. - 5 p.m.	POD C
Health Center	Tues, Mar 31	7 a.m. - 5 p.m.	POD C



Learn more
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