



Here's how to schedule an appointment.

STEP 1: Visit to log in to or sign up for a MyChart account.

STEP 2: Once logged in to , click on Menu, then select Health Screenings.

Visit myquadmed.com/kyn for step-by-step instructions to complete the program.

➔ Health Screening Events **Near You.**

OCTOBER NEWPORT NEWS SCREENING SCHEDULE. Schedule TODAY!

LOCATION	DATE	TIME	ROOM
HII Family Health Center	Tuesday through Friday	8 a.m. – 4 p.m.	Upstairs - Pod C
VASCIC	Thurs, Oct 1	8 a.m. – 12 p.m.	Conference Rooms 215/217
B7	Fri, Oct 2	7 a.m. – 11 a.m.	Small Conference Room
Foundry	Tues, Oct 6	7 a.m. – 11 a.m.	Break Room Area
Assembly Hall	Wed, Oct 7	7 a.m. – 11 a.m.	Cafe Area
B888	Thurs, Oct 8	8 a.m. – Noon	Conference Rooms 107-109
Net Center	Fri, Oct 9	8 a.m. – Noon	Suite 129, Conference Center 2
SMOF	Mon, Oct 12	7 a.m. – 11 a.m.	4th Floor Conference Room
B903	Tues, Oct 13	7 a.m. – Noon	Conference Room 129 A/B
Applebee's (B227)	Wed, Oct 14	6 a.m. – 10 a.m.	Cafe Area
B161	Thurs, Oct 15	7 a.m. – 11 a.m.	War Room
B60	Fri, Oct 16	7 a.m. – 11 a.m.	Machine Shop Training Room
B902	Tues, Oct 20	7 a.m. – Noon	VTC A&B
B884	Wed, Oct 21	7 a.m. – 11 a.m.	Conference Room 102A
West Park	Thurs, Oct 22	8 a.m. – Noon	2nd Floor Conference Room
Pier 3	Fri, Oct 23	7 a.m. – 11 a.m.	Bent 23, Conference Room 245
B872	Tues, Oct 27	8 a.m. – Noon	Conference Rooms 3 & 4
B600	Wed, Oct 28	7 a.m. – Noon	Conference Room C
B1744	Thurs, Oct 29	8 a.m. – Noon	5th Floor Conference Room
B1913	Fri, Oct 30	7:30 a.m. - 11:30 a.m.	Conference Room 209 A/B