



Here's how to schedule an appointment.

STEP 1: Visit to log in to or sign up for a MyChart account.

STEP 2: Once logged in to , click on Menu, then select Health Screenings.

Scan the QR code or visit myquadmed.com/kyn for step-by-step instructions to complete the program.

 **Health Screening Events Near You.**

SEPTEMBER INGALLS SCREENING SCHEDULE

LOCATION	DATE	TIME	ROOM
HII Family Health Center	Every Tuesday	7 a.m. – Noon	Biometrics
	Every Thursday	Noon – 5 p.m.	
Admin Cafeteria	Tues, Sept 15	8 a.m. – 11 a.m.	Cafeteria
Admin Cafeteria	Thurs, Sept 17	8 a.m. – 11 a.m.	Cafeteria
HR	Tues, Sept 22	8 a.m. – 11 a.m.	Upstairs Conference Room
Admin 3	Thurs, Sept 24	8 a.m. – 11 a.m.	Electrical Eng Conference Room
LBTF	Tues, Sept 29	8 a.m. – 11 a.m.	Planning Conference Room
CSA 3	Wed, Sept 30	8 a.m. – 11 a.m.	OCR 3 Conference Room

Appointments last just 20 minutes. Schedule your appointment today!

Learn more
myquadmed.com/kyn

*Full eligibility information is available on [the KYN website](https://myquadmed.com/kyn).

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