

The Health Check Survey is a set of questions that will help you identify health risks and tailor your wellness experience. Questions address topics such as prevention, nutrition, exercise, emotional health, safety, tobacco and alcohol use.

RETURNING USERS

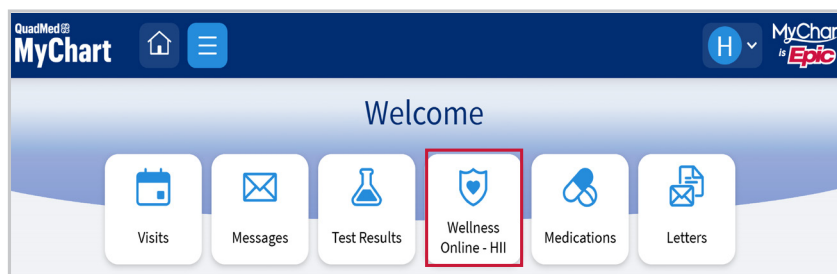
(Individuals who have a QuadMed MyChart account and who created a Wellness Online account previously)



Accessing Wellness Online on desktop

The Wellness Online platform must be accessed via your QuadMed MyChart account.

- From your phone or desktop/laptop computer, visit mychart.myquadmedical.com.
- Once logged in, click the Wellness Online HII icon at the top of the page. You will be redirected to the Wellness Online platform.



Accessing Wellness Online via the Personify Health app

If you have accessed Wellness Online via the app in the past, please follow these steps:

- Open the Personify Health app and enter the username/email that you used to create your account on the Wellness Online platform. **NOTE:** This may or may not be your MyChart username/email
- Upon entering your username, you will be automatically redirected to QuadMed MyChart.
NOTE: If you are not redirected, try an alternative email address.
- Login to QuadMed MyChart using your MyChart username and password.
- Once logged in, tap the Wellness Online HII icon at the top of the page. You will be redirected to the Wellness Online platform.

NOTE: If you are asked to provide a password or organization name after you enter your username/email in the Personify Health app, you will need to follow the steps below to establish your Wellness Online account on desktop before you can access the platform via the app.

Create your QuadMed MyChart account

- Need additional support? Email hiiwellness@quadmedical.com.***

NOTE: Account creation is not currently available through the MyChart or Personify Health mobile apps. Create your account via web browser (Chrome preferred) on your desktop or mobile device. After your account has been created, you can access Wellness Online through the MyChart or Personify Health mobile apps.

You can download a copy of your score and results to share with your provider or health coach. You also have the opportunity to re-take it at any time.

Need help using wellness online? Email hiiwellness@quadmedical.com if you require additional assistance.