

HII Weight Management Program

The HII Weight Management program, operated by QuadMed, meets the requirements of HII's Anthem health plan to receive coverage for weight-loss medications.

The program is for employees, spouses and dependents, who are actively working with their QuadMed primary care provider (PCP) and care team on weight loss through healthy lifestyle changes and weight loss medication.

	Pre-Prior Authorization Period	Treatment Period	Maintenance Period
Length of Program Period	6 months	Up to 9-12 months, longer depending on your provider's guidance	Ongoing as long as you continue to use your weight loss medications
Steps/Actions	Behavior modification support through QuadMed wellness program and PCP visits	Start weight loss medication and work closely with your PCP to ensure the medication is effective Continue to work with your care team for self-management and lifestyle changes	Continue meeting with your PCP and care team for ongoing support

Requirements	6-month Prior Authorization (PA) Period		Post PA Period	
	Wellness Program(s)	Individualized Path	Treatment	Maintenance
QuadMed PCP Visit	Quarterly	Quarterly	Monthly	Quarterly
Weight Check	Monthly	Monthly	Monthly	Quarterly
QuadMed RDN and/or Wellness Coach Visits	Requirement varies for each wellness program	At least monthly		
QuadMed Care Team Member (RDN, WC, CDCES)			Quarterly	Quarterly



QuadMed wellness program options include Weigh Beyond, Weigh Beyond Plus, PreventT2, and Heart of Steel. Documented Vida participation may also qualify. More than one program may be needed to fulfill the 6-month requirement. Scan the code to find out more.

- ✓ QuadMed PCP visits can be in-person, virtual or telephonic
- ✓ Weight checks must be in-person and can be completed by a QuadMed provider, nurse, or care team member.
- ✓ QuadMed Care Team visits can be with your choice of wellness coach (WC), registered dietitian nutritionist (RDN), or certified diabetes care and education specialist (CDCES)/condition management educator

A QuadMed MyChart account is required for program engagement and communications. Participation in either the HII Weight Management program, operated by QuadMed, or the CVS Weight Management program, is required to receive insurance coverage of weight loss medications, including GLP-1s. If you don't complete the program, your medication will no longer be covered by insurance. You will need to pay the entire cost of the medication going forward, and it may not count toward your deductible or out-of-pocket maximum.

If you have any questions about your status in the program, please contact the HII Weight Management Program team at 414-622-3210 or HIIWeightManagement@quadmedical.com.

Don't have a QuadMed MyChart account? Sign up today at myquadmed.com/hii.

