



KNOW YOUR NUMBERS

INGALLS SCREENING SCHEDULE

	LOCATION	DATE	TIME	ROOM
NOV.	HII FAMILY HEALTH CENTER	Every Tuesday	7 a.m. - Noon	Biometrics
		Every Thursday	Noon - 5 p.m.	
	Old HR Bldg	Tues, Nov 5	8 - 11 a.m.	Old HR Bldg
	CSA 2nd shift	Wed, Nov 6	5 - 7 p.m.	CSA Cafeteria
	Admin Cafeteria	Thurs, Nov 7	8 - 11 a.m.	Admin Cafeteria
	Combined Shop	Tues, Nov 12	8 - 11 a.m.	Combine Shop Conference Room (upstairs)
	MPWH (downstairs)	Wed, Nov 13	8 - 11 a.m.	MPWH 1st Floor Conf. Room
	EDC	Thurs, Nov 14	8 a.m. - Noon	Cole Conference Room
	Admin 2	Tues, Nov 19	8 a.m. - Noon	Bougainville Conf. Room
	Admin 1	Wed, Nov 20	8 a.m. - Noon	America Conference Room
	Admin 3	Thurs, Nov 21	8 a.m. - Noon	ENG Conference Room #2
	Admin Cafeteria	Tues, Nov 26	8 - 11 a.m.	Admin Cafeteria

Schedule your appointment today!

Here's how to schedule an appointment.

STEP 1: Visit myquadmed.com/hii to log in to or sign up for a MyChart account.

STEP 2: Once logged in to [MyChart](#), click on Menu, then select Health Screenings.

Visit myquadmed.com/kyn for step-by-step instructions to complete the program.





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DEC.	HII FAMILY HEALTH CENTER	Every Tuesday	7 a.m. - Noon	Biometrics
		Every Thursday	Noon - 5 p.m.	
	CSA 3	Tues, Dec 3	8:30 - 11:30 a.m.	OCR #2 Conference Room
	Westbank Hospital	Wed, Dec 4	8 - 11 a.m.	Covey Room
	HR	Tues, Dec 10	8 - 11 a.m.	Upstairs Conference Room
	Cosal	Wed, Dec 11	8 - 11 a.m.	Cosal Conference Room
	Facilities	Thurs, Dec 12	8 - 11 a.m.	Upstairs Conference Room
	Wetdock	Tues, Dec 17	8 a.m. - Noon	North Conference Room
	Hero's Cafe	Wed, Dec 18	8 - 11 a.m.	Hero's Cafe (Gate 4)
	Admin Cafeteria	Thurs, Dec 19	8 - 11 a.m.	Admin Cafeteria

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