

KNOW YOUR NUMBERS

Schedule your appointment today!

NEWPORT NEWS SCREENING SCHEDULE							
SEPT.	LOCATION	DATE	TIME	ROOM			
	HII FAMILY HEALTH CENTER	Every Tues & Fri	8 a.m Noon	2nd Floor, Pod C			
		Every Wed & Thurs	Noon - 4 p.m.				
	Net Center	Tues, Sept 17	8 a.m Noon	Suite 129, Conference Center 1			
	B86	Thurs, Sept 19	8 a.m Noon	IMSE Conference Room 5			
	B103	Tues, Sept 24	7 - 11 a.m.	Kearsarge Conference Room			
	B4911	Thurs, Sept 26	5 - 7 p.m.	1st Floor Conference Room			

Here's how to schedule an appointment.

STEP 1: Visit myquadmed.com/hii to log in to or sign up for a MyChart account.

STEP 2: Once logged in to <u>MyChart</u>, click on Menu, then select Health Screenings.

Scan the QR code or visit $\underline{myquadmed.com/kyn}$ for step-by-step instructions to complete the program.









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	LOCATION	DATE	TIME	ROOM			
OCT.	HII Family Health Center	Every Tues - Fri	8 a.m 4 p.m.	Pod C			
	B600	Tues, Oct 1	7 a.m Noon	Conference Room C			
	B160/161	Wed, Oct 2	7 - 11 a.m.	EOC			
	VASCIC	Thurs, Oct 3	7 a.m Noon	Conference Room 215/217			
	В7	Fri, Oct 4	7 - 11 a.m.	2nd Floor Large Conf. Room			
	Applebees (B227)	Mon, Oct 7	6 - 10 a.m.	Cafe Area			
	B160	Tues, Oct 8	7 - 11 a.m.	Production Area Conf. Room			
	B888	Wed, Oct 9	8 a.m Noon	Conference Rooms 107 - 109			
	B250	Thurs, Oct 10	7 - 11 a.m.	2nd Floor Conference Room			
	B903	Tues, Oct 15	7 a.m Noon	Conference Rooms 129 A & B			
	B60	Wed, Oct 16	8 a.m Noon	Training Room			
	B872	Thurs, Oct 17	8 - 11 a.m.	Conference Rooms 3 & 4			
	West Park	Fri, Oct 18	8 a.m Noon	2nd Floor Conference Room			
	Pier 3	Mon, Oct 21	6 - 11 a.m.	Bent 23, Conference RM 245			
	Net Center	Tues, Oct 22	8 a.m Noon	Suite 129, Conference Center 2			
	B520	Wed, Oct 23	7 - 11 a.m.	Executive Dining Room			
	B902	Thurs, Oct 24	7 a.m Noon	VTC A & B			
	B77-3	Tues, Oct 29	7 - 11 a.m.	Yard Operations Conference			
	Assembly Hall (B1758)	Wed, Oct 30	7 - 11 a.m.	Cafe Area			
	JMAF (B1913)	Thurs, Oct 31	7 - 11 a.m.	Conference Room 209 A/B			

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