

SUICIDE PREVENTION CRISIS LINES

Suicide & Crisis Lifeline: 988

National Suicide Text Line: Text HOME to 988

TransLifeline (Crisis line for transgender individuals): 877.565-8860

TrevorLifeline (Crisis line for LGBTQIA youth): 866.488.7386

Veteran Crisis Line: 800.273.8255 and press option 1

SUICIDE PREVENTION ADDITIONAL RESOURCES

<https://www.verywellmind.com/suicide-prevention-tips-1067531>(opens in a new tab)

Centers for Disease Control and Prevention (CDC). (2021). #Be There to Prevent Suicide. <https://www.cdc.gov/injury/features/be-there-prevent-suicide/index.html>(opens in a new tab)

Centers for Disease Control and Prevention (CDC). (2021). Preventing suicide. <https://www.cdc.gov/suicide/pdf/preventing-suicide-factsheet-2021-508.pdf>