

ACTIVE MEMBER: Take this form to your provider or specialist when you visit for applicable program requirements. Once completed by your provider, it is your responsibility to return this form to the TakeControl Team. The information contained on the form will be used to verify that you have met the annual program requirements for active members. For additional copies, visit the HII TakeControl website or contact the TakeControl Team.



DON'T FORGET TO SEND A COPY OF THE COMPLETED FORM AFTER EACH APPOINTMENT.

PATIENT'S FIRST NAME (PLEASE PRINT) _____

LAST NAME _____

DATE OF BIRTH (mm/dd/yyyy) _____

PROVIDER: Your patient has enrolled in TakeControl, the condition management program for asthma, COPD, diabetes and/or hypertension. Please fill out this form completely, sign it, and either return it to the patient or to the TakeControl Team using one of the options listed on the bottom of this form.

Note: If you are a QuadMed provider, you do not need to complete this form.

PROGRAM CRITERIA (Provider):		VISIT DATE: / /	
TOBACCO USE	Patient is: <input type="checkbox"/> Tobacco-free <input type="checkbox"/> Using tobacco Quitting by: _____		
HEIGHT/WEIGHT/BMI	Weight _____ Height _____ BMI _____	Date _____	
BLOOD PRESSURE	Systolic _____ / Diastolic _____	Date _____	
CHOLESTEROL	Total Chol _____ HDL _____ LDL _____ TG _____	Date _____	
RESPIRATORY ASSESSMENT (Asthma & COPD only)	Peak Flow _____ ACT _____ TRACK _____ Pulse Ox _____ CAT _____ Asthma Action Plan: <input type="checkbox"/> Yes <input type="checkbox"/> No	Date _____	
HbA1C (Diabetes only)	HbA1C _____	Date _____	
KIDNEY FUNCTION (Diabetes only)	Serum Creat _____ OR Microalbumin Urine _____ Creat Random Urine _____ Microalbumin Creat Ratio _____	Date _____	
FOOT EXAM (Diabetes only)	<input type="checkbox"/> Normal OR <input type="checkbox"/> Ulcer <input type="checkbox"/> Skin breakdown <input type="checkbox"/> Absent pedal pulse(s) <input type="checkbox"/> Neuropathy <input type="checkbox"/> History of amputation <input type="checkbox"/> Callus <input type="checkbox"/> Deformity <input type="checkbox"/> Abnormal toe nail(s) <input type="checkbox"/> Other _____	Date _____	
EYE EXAM (Diabetes only)	<input type="checkbox"/> Normal <input type="checkbox"/> Diabetic retinopathy <input type="checkbox"/> Other _____	Date _____	
FOLLOW-UP RECOMMENDATION	<input type="checkbox"/> 3 Months <input type="checkbox"/> 6 Months <input type="checkbox"/> 12 Months <input type="checkbox"/> Other _____		

NOTES/MEDICATION CHANGES:

PROVIDER SIGNATURE _____

DATE _____

PRINT PROVIDER NAME (OR PROVIDE STAMP) _____

RETURN COMPLETED FORM TO THE QUADMED TAKECONTROL PROGRAM TEAM USING ONE OF THE OPTIONS BELOW:

EMAIL TakeControl@quadmedical.com

FAX Ingalls - (228) 205-7715 Newport News - (757) 327-4226

MAIL - INGALLS HII Family Health Center, Attn: TakeControl 2105 Old Spanish Trail, Gautier, MS 39553

MAIL - NEWPORT NEWS HII Family Health Center, Attn: TakeControl 4500 Washington Ave., Newport News, VA 23607
