



KNOW YOUR NUMBERS

The first step to better health

HEALTH SCREENING EVENTS NEAR YOU!

Appointments last just 20 minutes. Masks are required for all health screening appointments regardless of vaccination status. If you do not have a mask, one will be provided.

INGALLS SCREENING SCHEDULE				
AUGUST	LOCATION	DATE	TIME	ROOM
	HII Family Health Center	BEGINNING JULY 19		
		Every Tue	7 a.m. - Noon	
		Every Thu	12 - 5 p.m.	
	Admin 1	Wed, August 3	8 a.m. - 1 p.m.	Tripoli Conference Room
	Admin 2	Wed, August 10	8 a.m. - 1 p.m.	FCR #1 Conference Room
	Admin 3	Wed, August 17	8 a.m. - 1 p.m.	E & P Conference Room
	EDC	Wed, August 24	8 a.m. - 1 p.m.	Halsey Conference Room
	LBTF	Wed, August 31	8 a.m. - 1 p.m.	Planning Conference Room

Here's how to schedule an appointment.

STEP 1: Visit myquadmed.com/hii to log in to or sign up for a MyChart account.

STEP 2: Once logged in, access **Wellness Online** to schedule your health screening.

Visit myquadmed.com/kyn for step-by-step instructions to complete the program.