

ACTIVE MEMBER: Take this form to your condition managing provider or specialist when you visit for applicable program requirements. Once completed by your condition managing provider, it is your responsibility to return this form to the TakeControl Team. The information contained on the form will be used to verify that you have met the annual program requirements for active members. For additional copies, contact a TakeControl program coordinator at (228) 205-7667.

DON'T FORGET TO SEND A COPY OF THE COMPLETED FORM AFTER EACH APPOINTMENT.

	/ /
PATIENT NAME (PLEASE PRINT)	DATE OF BIRTH

PROVIDER: Your patient has enrolled in TakeControl, the condition management program for asthma, diabetes and/or hypertension. Please fill out this form completely and either return it to the patient, email it to TakeControl@quadmedical.com or fax it to (228) 205-7715.

Note: If you are a QuadMed provider, you do not need to complete this form.

PROGRAM CRITERIA (Condition Managing Provider):	VISIT DATE: / /
TOBACCO USE	Patient is: <input type="checkbox"/> Tobacco-free <input type="checkbox"/> Using Tobacco Quitting by: _____
HEIGHT/WEIGHT/BMI	Weight _____ Height _____ BMI _____ Date
BLOOD PRESSURE	Systolic _____ / Diastolic _____ Date
CHOLESTEROL	Total Chol _____ HDL _____ LDL _____ TG _____ Date
ASTHMA ASSESSMENT (Asthma Only)	<input type="checkbox"/> Intermittent or EIB <input type="checkbox"/> Mild Persistent <input type="checkbox"/> Moderate Persistent <input type="checkbox"/> Severe Persistent Peak Flow _____ ACT _____ TRACK _____ Asthma Action Plan: <input type="checkbox"/> Yes <input type="checkbox"/> No Date
HbA1C (Diabetes only)	HbA1C _____ Date
KIDNEY FUNCTION (Diabetes only)	Serum Creat _____ OR Microalbumin Urine _____ Creat Random Urine _____ Microalbumin Creat Ratio _____ Date
FOOT EXAM (Diabetes Only)	<input type="checkbox"/> Normal OR <input type="checkbox"/> Ulcer <input type="checkbox"/> Skin breakdown <input type="checkbox"/> Absent pedal pulse(s) <input type="checkbox"/> Neuropathy <input type="checkbox"/> History of amputation <input type="checkbox"/> Callus <input type="checkbox"/> Deformity <input type="checkbox"/> Abnormal toe nail(s) <input type="checkbox"/> Other _____ Date
EYE EXAM (Diabetes only)	<input type="checkbox"/> Normal <input type="checkbox"/> Diabetic Retinopathy <input type="checkbox"/> Other _____ Date
SPECIALIST FOLLOW-UP	<input type="checkbox"/> 3 Months <input type="checkbox"/> 6 Months <input type="checkbox"/> 12 Months <input type="checkbox"/> Other _____

NOTES/MEDICATION CHANGES:

PROVIDER SIGNATURE / DATE	PLEASE PRINT (OR PROVIDE STAMP) / DATE