

CURRENT MEDICATION LIST

Please list all of the medications and supplements you are currently taking. Be sure to include the dosage and the time of day that you take each one.

Name:	Date of Birth:	Date completed:

MEDICATION	DOSAGE	BREAKFAST	LUNCH	DINNER	BEDTIME
(example) METFORMIN	500 mg	Х		Х	

QuadMed TakeControl Program | (757) 327-4183 (tel) | (757) 327-4226 (fax) | TakeControl@quadmedical.com (email) Mail to: HII Family Health Center, Attn: TakeControl, 4500 Washington Ave., Newport News, VA 23607